



**Autism  
Jersey**

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# **ANNUAL REPORT 2019**

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ACCOUNTS YEAR ENDED 30 APRIL 2019

## **OUR MISSION STATEMENT**

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**ENABLING** PEOPLE ON THE AUTISM  
SPECTRUM TO ACHIEVE THEIR  
**POTENTIAL** **BY** **ADVOCATING**  
FOR AN **INCLUSIVE** **COMMUNITY**  
AND PROVIDING **PERSONALISED**  
SERVICES TO INDIVIDUALS, FAMILIES  
AND CARERS

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# Contents

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Details of Officers	3
Message from Nick Winsor, Chairman	4
Message from Chris Dunne, Chief Executive Officer	5-7
Message from Lionel Gomes, Head of Operational Services	8-9
Message from Niki Cross, Head of Children's Support Services	10
Message from Danielle Wharton, Head of Adult Support Services	11
Message from Cheryl Ferey, Head of Training & Development	12-13
Message from Kate Kelly, Fundraising & Marketing Manager	14-15
Message from Karen Gallichan & Catherine Tubb, Boutique Managers	16-17
Message from Kerry O' Donovan, Counselling Service Coordinator	17
Message from Cheryl Hanlin, Family Support Coordinator	18
Message from Brendan Dowling, Treasurer	19
Independent Reviewer's Report	20
Trustees' Responsibilities	21
Statement of Financial Activities	22
Statement of Financial Position	23

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# Details of Officers



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## PATRON

Air Chief Marshal Sir Stephen Dalton  
GCB LLD (Hon) DSc (Hon) BSc FRAeS CCMI  
From March 2017

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## CHAIRMAN

Nicholas Winsor  
Appointed  
19 July 2011

## VICE-CHAIRMAN

Helen Miles  
Appointed  
24 February 2010

## SECRETARY

Jacquelyn Marsh  
Appointed  
9 February 2016

## TREASURER

Brendan Dowling  
Appointed  
12 December 2012

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## TRUSTEES

Cormac Timothy  
Appointed 20 July 2010

Cora Binchy  
Appointed 14 February 2017

Tiegan Little  
Appointed 21 November 2018

Caroline Costello  
Appointed 6 October 2014

Elizabeth Le Guillou  
Appointed 14 February 2017

Myles Hartley  
Appointed September 2018

Daragh McDermott  
Appointed 3 May 2012

Richard Woolsey  
Appointed 15 May 2018

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## AUTISM JERSEY

Century Buildings  
Patriotic Place  
St Helier  
JE2 3AF

## BANKERS

Lloyds Bank Offshore Ltd  
9 Broad Street  
St Helier  
JE4 8NG

## INDEPENDENT REVIEWERS

RSM Channel Islands Ltd  
PO Box 179  
40 Esplanade  
St Helier  
JE4 9RJ

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# Message from Nick Winsor

## Chairman

This year reflects another period of excellent progress towards Autism Jersey's primary goals, which you will see reflected throughout the report.

From my perspective, the most significant change has been the appointment of Chris Dunne as our first Chief Executive Officer. Before joining Autism Jersey, Chris worked at the States of Jersey and will be well known to many of you. We are extremely fortunate to have found someone with Chris's skills and experience to lead the next phase of our development.

Since his arrival, Chris has reorganised the management team to focus on the needs of the people that we work with. We have introduced better terms and conditions for our staff, including medical insurance and a pension plan. This much-needed step has improved employee retention rates and will directly benefit the families that we support.

As a positive sign that our approach is working, some of the individuals that we work with have become more self-sufficient, and need less support than before. This is excellent news and is entirely in line with our mission. However, the combination of higher costs and lower revenues is reflected in this year's financial statements where, financially speaking, we are victims of our own success. Nevertheless, you will see from Brendan Dowling's Treasurer's Report that we continue on a sound financial footing, with a healthy level of reserves.

During the year, an Advisory Council, chaired by Jonathan Channing, was established to represent the views of people on the autism spectrum in Jersey. The council has made a strong start, recruiting political ambassadors



and reviewing the mission statement for the charity. After consultation with the board of trustees, this has been revised to "Enabling people on the autism spectrum to achieve their potential by advocating for an inclusive community and providing personalised services to individuals, families and carers".

We have made progress with Andium Homes on the Centre for Autism project and are now working on the detail required to support an application for planning permission. We hope to share more news on this in the months ahead. Meanwhile, the offices in Century Buildings are working well and the partnership with Andium Homes has already delivered the Summer House in Jardins de Soleil, which is well used for short break services.

Finally, the partnership with the States of Jersey is as strong as ever and is a key enabler for our work. It is difficult to do justice to the amazing things that so many people do in a brief report but I do hope that the pages that follow will give you a flavour of this. On behalf of the Board of Trustees, I would like to thank Chris and our team in the office, our donors, supporters, trustees and volunteers for helping to make Autism Jersey so successful.

# Message from Chris Dunne

## Chief Executive Officer



I am delighted to have been appointed as the new Chief Executive for Autism Jersey. Having started in February 2019, I have been honoured to work alongside a professional, dedicated and compassionate team who are working hard to ensure that we provide an excellent response and service to individual people living with autism and their families.

You may know that my previous role was working for the Government of Jersey as the Director of Adult Services, and within my role I have had a lot of contact and involvement with Autism Jersey. In fact, I was there at the beginning, working with those families who, at the time, originally set up the Charity, and I am proud to have both sat on the first Board, and to have worked closely with Autism Jersey to bring about changes in services available for people on the autistic spectrum, and to help raise the awareness and understanding of autism here in Jersey.

Since starting work with Autism Jersey, I have had the privilege of meeting many staff on a one-to-one basis, including the

members of the Senior Management Team, Service Managers and Team Leaders, staff and volunteers associated with the Charity, including volunteers from the Boutique, and a number of key staff who are out there supporting people.

I have also had the privilege of meeting a number of people and families who use our services.

It had been my intention to try not to implement any changes too soon, and to ensure that I have given time to listen and to watch what we are doing as an organisation before making any assumptions about what is good or what needs to change or improve. However, having held my one-to-one meetings, listening to what was being said to me, it was evident that there were a number of things I needed to do straight away that I expect will improve how we are working together and improve how we provide support to children and adults diagnosed on the autistic spectrum, and their families.

I am very aware that 2018 proved to be a difficult year for Autism Jersey, where a number of key people left either to retire or to work elsewhere. People who were very well respected, and had been equally very dedicated to the cause and commitment we have to deliver excellence. I would like to take this opportunity to acknowledge and thank Paul Sullivan, Carl Le Poidevin, Jude Tanguy, Laura Kerr and Caroline Moody, who are greatly missed, and to acknowledge the work they have done both for, and on behalf of, Autism Jersey.

*Continues onto next page*

# Message from Chris Dunne

## Chief Executive Officer



It must be acknowledged that members of the management team stepped up to hold things together, and on behalf of Autism Jersey I would like to thank Lionel Gomes, Niki Cross, Danielle Wharton, Julie Barras and Dania Healy, and special thank you to Helen Miles for stepping in the CEO role ahead of my arrival.

It was, therefore, important that I established a settled environment and position for the staff that continue working for Autism Jersey, and who remain committed to everything Autism Jersey is about, as quickly as possible. To achieve this, I had to establish an organisational structure that I believe will provide a stable and effective management and administration team to take us in to the future.



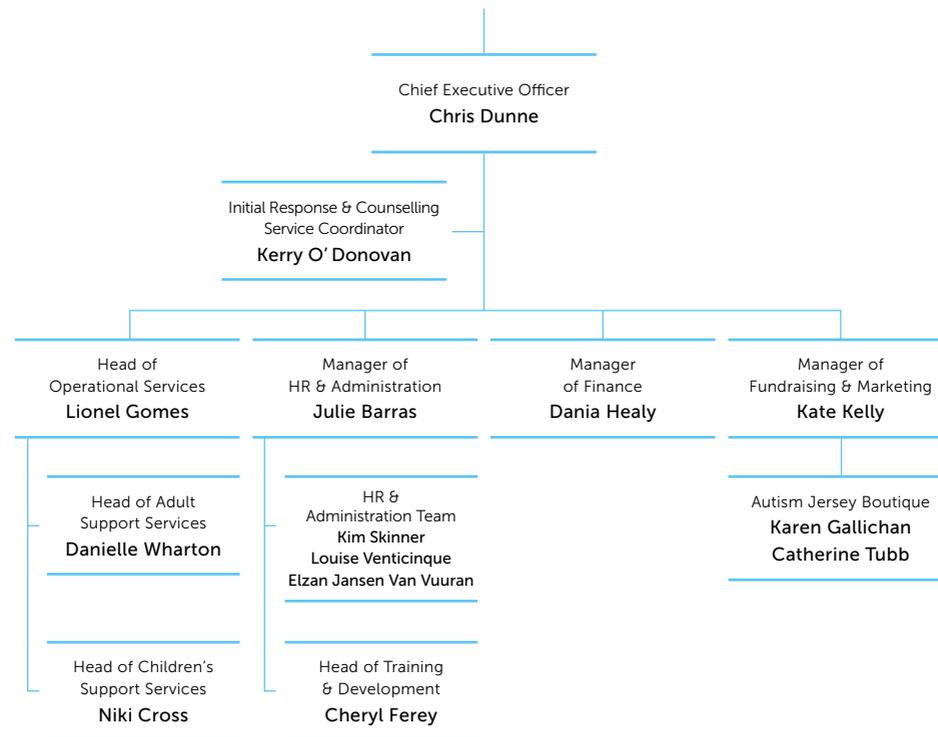
This includes appointing:

- Lionel Gomes as the permanent Head of Operational Services
- Niki Cross as the Head of Children's Support Services
- Danielle Wharton as the Head of Adult Support Services
- Kate Kelly as the Manager of Fundraising & Marketing
- Cheryl Ferey as the Head of Training & Development
- Kerry O'Donovan leading on the development of a single point of contact and referral as the initial response for all contact with Autism Jersey

In regards to organisational structure, it is also important to acknowledge the continued and excellent work undertaken by:

- Julie Barras: Manager of Human Resources & Administration
- Dania Healy: Manager of Finance
- Karen Gallichan & Catherine Tubb who manage our Boutique

### NEW ORGANISATIONAL STRUCTURE FOR AUTISM JERSEY



I believe we have a fantastic team, with the right people in the right place to ensure we continue to grow and develop as the leading charity for autism in Jersey.

There are a number of challenges that we face as we move forward in 2019, with the biggest being recruitment of new staff with the right qualities, skills and experience to

be able to support people on the autistic spectrum to the quality and standards that we expect. This is our priority for the rest of the year, and we will be looking at creative and innovative ways to raise the profile of Autism Jersey, raise the awareness of autism itself, and seek to encourage people to consider working for the great organisation that is Autism Jersey.

# Message from Lionel Gomes

## Head of Operational Services

WE CURRENTLY SUPPORT

# 18 ADULTS

At Autism Jersey we pride ourselves on our personal approach and our ability to support individuals with autism to develop skills in social interaction and communication, helping to improve “quality of life”.

Within our adult services we place a great deal of importance on achieving a greater degree of independence and focus on development in the following key areas: managing finances, administering medication, shopping, preparing and cooking meals and travel e.g. using the local bus service - Liberty Bus has been wonderful in their assistance with this. A measurable outcome of our success is that three of the adults we support have, over the year, become significantly more independent, with one supported into successful employment, resulting in a significant decrease in their support hours.

Recruitment of staff with the right skills and values has been difficult across the sector - we have seen two main providers pull out their respite services this year - and although our staff turnover rates have improved (2017/18 at 39.5%, 2018/19 at 25% - UK average for the sector 20%

according to the National Care Forum’s annual survey ) this area remains one of our greatest challenges and unfortunately this led us to having another provider taking on one of our adult support packages early in 2019.

Suitable and appropriate accommodation for individuals with autism can also be difficult on a small island and Autism Jersey have been successful in supporting one of the adults we support into more suitable accommodation, which has had a significant impact on improving the individual’s quality of life.

We continue to work with other partners, and in particular Andium Homes, to seek to address the long-term issue in finding a “forever” home for people we support.

Social participation and community presence are both very important aspects of an individual’s life. Throughout 2018/19 Autism Jersey, again, working in partnership with various amazing charities/ organisations including; Helping Wings, Wet Wheels, Healing Waves, Mencap, Barclays Bank, Jersey Sport Association for the Disabled, Jersey Special Gymnastics Club, Cineworld, Jersey Youth Service,



Jubilee Sailing Trust, has been able to support adults and children with autism to access activities and events across the island such as; art exhibitions, aviation, bowling, cinema, discos, dog walking, football, fun fair, gymnastics, Gorey fete, Highland’s college evening courses, outdoor adventures, surfing, swimming, swim marathon, sailing and theatre shows.

All of the success we have would not be possible without the dedication, commitment and passion shown by all of our staff at Autism Jersey who make a positive difference to the lives of individuals with autism and their families/ carers – Thank you all.

WE PROVIDE  
RESPIRE TO FAMILIES/  
CARERS FOR

# 14

CHILDREN

## Message from Niki Cross

### Head of Children's Support Services

WE HAVE PROVIDED  
— A TOTAL OF —

**4,134.5**

HOURS OF SUPPORT

TO CHILDREN AND  
THEIR FAMILIES,  
THROUGH THE SHORT  
BREAK SERVICE  
DURING THE LAST  
FINANCIAL YEAR



Having worked in partnership alongside the families and the professional services involved with each child, we have built upon existing skills and seen many of the children begin to develop and grow in their confidence and independence. Because of this we have been privileged to support the positive transition for 3 of the children we support in to our Adult Service during that time.

We are also excited by the new change to how Short Breaks are allocated and provided island wide. There will be greater scope for many more children with additional needs to access the short break service they so fully deserve. Whilst we recognise that this has been an unsettling

period for some of the families we support, we are confident that with the ongoing support of such dedicated staff, all future transitions will also reflect a positive outcome.

We must mention here the use of the new Summerhouse premises at Jardins De Soleil. Earlier this year we ran a pilot scheme to establish who would benefit and access it, and how it would function early on. We have now committed this to be solely used by the children we support. It is a safe, welcoming space that is utilised for everything from messy play, through sensory stimulation, to absolute peace and quiet - a space to 'just be yourself'.

## Message from Danielle Wharton

### Head of Adult Support Services



In regard to Adult Support Services, Autism Jersey have provided direct support hours for 18 adults over the last year. This includes 4 people who received overnight sleeps in support from staff in their own homes, with 2 of these adults being supported 24 hours 7 days a week, referred to as a full Supported Living package of care.

We also provide respite care for families or primary caregivers for 2 adults. We continue to support autistic adults to live as independently as possible, including providing support for them to move out of their family home when appropriate. We aim to provide increased opportunities for the adults we support including in employment, inclusion, access to the community and social interaction.

We also run our Adult Social Club, which continues to run successfully twice a week. This usually takes place on a Tuesday and Thursday evening. On Tuesdays the members choose what they want to do out in the community, and on Thursdays the club currently meets at Elim Rock Centre to chat, relax and have a cuppa. Overall, the Tuesday evenings have proven more popular with members. Highlights of the year have included bowling, swimming, tennis, quiz nights, cinema visits, BBQs, birthday and just for fun meals out, walking, ping pong, snooker, pool and badminton. A special Christmas meal was held at Wildfire and this was a huge success.

The most popular activity, which is known by the people who attend as 'Walk and a Drink', which is along the front from La Frigate to the Bel Royal Kiosk, have food and a drink and then walk back.

Quotes from people who attend:

*"I meet my friends every week and we can chat"*

*"Everybody is so nice and I have fun"*

*"Autism club is a place to go where you can be happy"*

*"I don't like going places on my own, It's better with the club"*

# Message from Cheryl Ferey

## Head of Training & Development

### Training & Development

The quality of our staff is key to establishing, providing and evidencing good quality support.

People enter the health and social care industry because they want to make a difference to peoples' lives. They want to help others and to do this effectively, they must be trained.

We are therefore committed to investing in and empowering our staff to reach their full potential.

### Mandatory training

Autism Jersey currently employs 42 support staff who are now required to have the following mandatory training in date at all times:

- First Aid
- Safeguarding
- Manual Handling
- Health and Safety
- Food Safety
- Infection Control
- Fire Safety

Mandatory training is important because it enables support workers to achieve the standards set by regulatory authorities and meet organisational obligations. The training is renewed every three years and ensures that staff have the skills and knowledge they need to carry out their roles safely and effectively.

### MAYBO Conflict Management & Disengagement Techniques

All Maybo training places emphasis on positive and proactive person-centred strategies, conflict management and challenging behaviour awareness. This training is delivered in house by Lionel Gomes and Danielle Wharton over a 2 day period with Conflict Management being valid for 2 years and Disengagement Techniques for 12 months. We currently have 39 staff in date with Conflict Management and 40 with Disengagement Techniques, however, training is continual with renewal dates constantly coming up and training sessions being facilitated every 3 months or so.

### SPELL & Autism Awareness

This training is delivered on our premises by Assumpta Finn and Heather McClelland of All About Autism. It is not only open to staff but to families, carers, professionals, teaching staff and any organisation that simply wants awareness training for their staff e.g. Customs, Liberty Bus and Waitrose to name a few. To date in 2019, we have trained 124 people with a current waiting list of 57 people.

### Professional Qualifications

Service providers are required to have at least 50% of their staff trained to a professional level. Originally this involved studying for an NVQ award or diploma. The name was changed some years ago to QCF and has recently been changed again to RQF (Regulated Qualification Framework). There are currently 14 professionally qualified staff (33.3%),



8 ongoing learners (19%) and another 8 booked to commence their studies later this year and in 2020. We also now have a qualified in house RQF Vocational Assessor. At present the 8 ongoing learners are being assessed in house by Cheryl Ferey with assessment criteria being met by both written work and holistic observational assessment in the workplace.

### RQF Level 2 Award in Health & Social Care

11 staff qualified, 3 ongoing, 2 booked for 2020.

### RQF Level 3 Diploma in Health & Social Care

2 staff qualified, 5 ongoing, 3 booked for 2020.

### RQF Level 5 Diploma in Leadership in Health & Social care

1 staff qualified, 3 booked for November 2019.

### Makaton

*Makaton* is a language programme using signs and symbols to help people to communicate. It is designed to support spoken language and the signs and symbols are used with speech, in spoken word order. With *Makaton*, children and adults can communicate straight away using signs and symbols.

Earlier in the year a team of six staff who support a non-verbal individual enjoyed a two day Makaton training course. This was facilitated through our partnership working with Les Amis and their regional Makaton trainer Fiona Cockram.

The team are now using their new skills daily and report that it has had a positive impact on how they communicate with the individual they support. Fiona continues to visit the team regularly and their confidence in using Makaton grows daily.

A further eight staff who support children with communication difficulties will also be Makaton trained with Fiona later in the year.

# Message from Kate Kelly

## Fundraising & Marketing Manager

Throughout the year we have been grateful beneficiaries of 'bucket shaking' at balls, banquets and Broadway musicals and community collections in supermarkets and shops.

We were pleased to receive donations from parish halls and community groups who continue to go above and beyond to show their support by hopping on Harleys to ride for good, to the Liberty Bus Story book 'Amazing Journey of Liberty the Cow' and our very own branded refuse truck on the streets of St Helier! We have been impressed by individuals taking on personal challenges from signing up to sky dives to celebrating special birthdays by cycling 161 miles! Children continued to champion our cause individually by taking the chop for charity and together in groups at school through bake sales, non-uniform days and sponsored walks. Local businesses collected in store and corporate companies encouraged employees to fundraise through dress down days and quizzes whilst generously match funding fundraising efforts. Income generated from charitable funds, trusts, grants and foundations is always invaluable in supporting our services.

Back in the office our annual Charity Golf Day, kindly sponsored by JT, is a really important date in our fundraising calendar and in 2018 we once again celebrated success at La Moye Golf Club. Together 23 fantastic corporate teams came together to raise a record-breaking £28,000, which will go towards a purpose-built centre that will

provide tailored support and improve services for people with autism and their families.

Our 'Get Active for Autism' 5km challenge, kindly supported by Born to Run, was held on Valentine's Day and saw 65 people at the start line. The race was the finale of a 5-week training challenge and fundraisers were rewarded by a stunning sunset over the Waterfront. Breathtaking!

Inclement weather and tough Channel conditions meant our Boutique Manager Karen Gallichan's Channel Swim, planned for September 2018, was disappointingly delayed. Not disheartened, Karen continues to swim for good by smashing her £10,000 fundraising target leading Autism Jersey colleagues at the Lions Club of Jersey Swimarathon, organising a Dip at Dawn, smashing the 1 Way Windermere Solo and swimming back in time at the Arctic Circle in July 2019! Karen's journey of passion and perseverance continues with her Santander International Channel Swim planned for Summer 2019.

April saw supporters start their Sunday morning with a 12km walk, jog or run across the breath-taking beach at St Ouens to



'L'Etacq and Back. Rathbones rewarded participants with bacon butties and hot cups of tea and we are grateful for their generous support at this annual event which raised over £4,700 in 2018, £3,000 of which was raised by one busy couple!

Easter Sunday came along with 1,300 yellow plastic ducks splashing into the stream at La Perquage at Sandybrook. Lucky ducks 'raced' downstream to raise over £3,200. A delightful day full of quacking good fun for all the family supported by Romerils and all the usual celebrity Star Wars and Ghostbuster guests! We were also lucky ducks in April as local ladies raised over £3,500 by the sale of knitted Easter chicks!

Our fantastic fundraisers might not take off to trek to Machu Picchu in Peru until October 2019 but the hard work is already well under way, from rock and roll bingo, car scavenger hunts, tennis tournaments and treadmill relays our terrific trekkers have dedicated themselves to both their fundraising activities and training plans to meet their financial and fitness targets. Our last trek, to the summit of Mount Toubkal in the High Atlas Mountains in September 2017, raised £24,600 for Autism Jersey and with the continued very kind support of Ocorian, we are confident to reach these heights again this year.



### Thank you for being Awesome for Autism!

A Taylor; Aberdeen Standard Capital; Association of Jersey Charities; Channel Islands Co-operative Society; Crestbridge Ltd; Diversity Network; Grand Lodge Jersey; HSBC Bank PLC; Jersey Financial Services Commission; John Le Brocq; Masonic Charitable Fund; Oak Foundation; Ocorian; Pentera Trust; Philip Le Sueur Trust; Rathbones; Romerils, RBC; Saltgate Limited; Santander International, Universal Healing Group and Workforce Solutions Ltd.



# Message from Karen Gallichan & Catherine Tubb *Boutique Managers*



When we started managing the Boutique some 6 years ago now, we always hoped that we would be able to offer a safe and caring space for both people on the Spectrum and their family members.

Indeed, many of those who volunteer with us, do so because of their close family ties to autism. We often think of our entire team as our Boutique family. Just like a family, we support each other when times are difficult and also enjoy and celebrate the positives in our lives.

We also offer informal support and information about Autism, Autism Jersey and the services that are available, to people who walk into the Boutique. Naturally, they can sometimes be anxious or upset. Whilst we can assure them of a warm welcome, it has not been possible to provide a dedicated welcoming space and the front of the shop is not the ideal place to talk with any privacy.

We are therefore absolutely delighted to be moving to new premises on The Parade. We are thrilled that the new shop will enable us to expand on the role of Boutique family. There will be a dedicated confidential comfortable space for members of the public to pop in and chat if they want some information. The space can be pre-booked too and will also be used by our family support colleagues. We know from personal experience, what a difficult, worrying and isolating time it can be when you first start to think about the possibility of an autism diagnosis. We want to help alleviate this where we can and offer an approachable, informative "front door" for Autism Jersey.

The new space will also allow us to expand on the work experience opportunities we can provide to people on the Spectrum, the space in Bath Street is small and often cramped with stock. The 'behind the scenes' areas in The Parade are just so much bigger, that we can physically take more people. We have found work experience to be valuable for those on the pathway to employment but more so probably for the friendships that are made, the constructive and worthwhile activities undertaken and of course the routine that regular shifts provide.

However, we do need your help! Bigger premises require more volunteers!

Can you volunteer and become part of our Boutique family? All we ask is that you have a non-judgmental attitude. Training is provided. We can be flexible on rota times. We would love to attract more parents or family members to our team. Perhaps you have an hour or two spare once a week before the school pickup? Or would you like to do a regular morning or afternoon? Please come and talk to us: we would be thrilled to hear from you. We appreciate the time our volunteers give but we also think being involved with a charity that has real meaning to you brings its own rewards. This is how we first became involved with the charity, as parents simply needing someone to talk to and then volunteering to help out. Neither of us have ever regretted the many hours of volunteering undertaken and in reality it felt like we got lots more out than we put in!

So please, give us a call on **871678** and apply for your place in Team Boutique Chic!

Alternatively you can email us at **k.gallichan@autismjersey.org** or **c.tubb@autismjersey.org** and we will send you the relevant forms.

And of course, bigger premises means more shop space to fill. If you need somewhere to recycle your unwanted items, please do think of us and encourage your friends to do the same. We love your unwanted women's clothes, shoes, handbags and

accessories and small items of bric-a-brac. We will also have permanent men's and children's sections, so of course welcome your donations. We also take books! Our home collection service will be relaunched once we are settled in the new Boutique.

So, all in all lots of exciting times ahead for Team Boutique Chic!

*Karen, Catherine and all of the team.*

# Message from Kerry O' Donovan *Counselling Service Coordinator*

Counsellor Ruth Le Cocq finished her employment with Autism Jersey in February 2019. A huge thank you to Ruth for all of her hard work and commitment over the years.

Autism Jersey have now set up a counselling placement for trainee counsellors, offering a free counselling service to parents and carers of individuals on the autism spectrum or awaiting diagnostic assessment.

We work closely with the Tara Centre and Highlands College in order to facilitate this service.

The trainee counsellors started their placements with Autism Jersey in February 2019.

*23 clients saw Autism Jersey's counsellors in the year, to the end of April 2019, and they attended 171 counselling sessions.*

This compares with 12 clients who attended 111 sessions during the same period in the previous year.

All clients are offered between 6-8 sessions, with the option of having more if necessary. Some clients felt better after a couple of sessions and no longer required support, while others found it helpful to talk on a longer term basis.

The feedback forms completed show that the counselling service continues to be meeting the client's needs. For example,

*'Thank you for providing this service, not sure where I'd be without it'*

*'Very grateful to have had the opportunity of seeing a counsellor at Autism Jersey whilst waiting for our daughter's assessment'*

*'The counsellor was very professional and supportive at a time of crisis'*

*'The Practitioner was accommodating and very approachable, and made me feel at ease'*

*'Great service, it was great to talk things through with someone'*

# Message from Cheryl Hanlin

## Family Support Coordinator

### Family Days

We have had 7 family days since January 2019, they range from Cineworld to the Maritime Museum and most recently Jump Jersey. We usually have from 30 to 65 attendees depending on the type of venue and time of year.

The feedback is positive from the family days and families were pleased they could bring grandparents and friends and be involved with our members.

### Sibling Group

We have had 8 sibling's days since January 2019, they range from pizza making at Pizza Express to Tennis at both Les Vaux and St Clement Tennis and Golf Club which have been a huge success. Most recently we had a sibling's day with Wild Adventures Director Kazz Padidar which the kids thoroughly enjoyed and would like to experience again. Attendees range from 12 to 22, again depending on the venue and time of year.

### Coffee Mornings

This is a new service we offer, coffee mornings on the first Friday of every month, we are based at the lovely Seaton Social Bar and Restaurant. This commenced February 2019. Attendees range from 1 to 10 per month, this is a very important service when parents or care givers can chat with each other, share positive experiences and exchange contact details to set up play dates which is priceless. We have had at least 4 different members of staff who have attended which is great for both the staff and the members.

### Self-Care Sessions

Our self-care sessions began in July 2019, it is in conjunction with Autism Jersey and long term holistic therapist Juanita Shield-Laignel MFHT, there is a choice of Indian Head Massage, Reflexology, Back Massage, Aromatherapy, or Reiki. There is a maximum of 3 attendees so they have a beneficial time of 45 minutes each of the therapy also before and after there are some mindfulness music and techniques. These will take place every quarter therefore the next session will go ahead in October.

### Pint & Curry Night

The first Pint and Curry Night took place in July at 'The Vault', The Old Bankhouse Hotel in Gorey village, there were 5 attendees, kindly our CEO Chris Dunne has agreed to facilitate these for the time being, some of the Dads have expressed an interest in facilitating these in the future. They have agreed to do these events every quarter.

### Sailing Days

We met with Variety Club, Skipper of Spirit of Variety Ben Langford who has kindly been taking our families out each Sunday since July, between 4 to 6 passengers per sailing. This is a lovely family time and is proving to be a very positive and great bonding experience. A total of 29 members have been on the sailing days since July 2019.

# Message from Brendan Dowling

## Treasurer



The most important number for Autism Jersey will always be the number of hours of support we are able to provide to our members and the families of our members.

Our focus continues to be to deliver as much support as we possibly can and to fund more of our charitable objectives through the support services we provide to families and individuals affected by Autism whilst ensuring that Autism Jersey remains financially stable.

### Income & Expenditure

Although 2019 in terms of financial performance was more challenging than previous years we managed to generate a slight surplus of income over expenditure of £607 (2018: £112,575).

We are very grateful to all those trusts, individuals and companies who have helped us by giving so generously throughout the year. Without the generosity of our donors and the determination of our fundraisers we would not be able to maintain the charity or provide the services we do to support families. In 2019 we raised or received donations or fundraising contributions of £105,235 (2018: £160,710) and these funds went to subsidise a lot of the services we provide direct to the community and indirectly via Health and Social Services.

Expenditure in the period was £1,512,081 (2018: £1,519,785) against income of £1,512,688 (2018: £1,632,360). The decrease in income earned was largely down to a decrease in the income earned from services provided. A wages bill of £1,244,988 accounts for almost 83% of total expenditure.

Our financial strategy continues to be to achieve a surplus each year whilst ensuring we can continue to grow and support our charitable objectives through the extension of our services.

Our cash flow remains strong with cash held at the end of the year of £697,307 (2018: £711,034). We can and have for a number of years now been able to demonstrate financial stability and we will continue to look for opportunities to reinvest in services and programmes which support our members.



# Independent Reviewers' Report to The Trustees of Autism Jersey

We have reviewed the accounts of Autism Jersey, which comprise the Statement of Financial Position as at 30 April 2019, the Statement of Financial Activities for the year then ended, and notes 1 to 12 to the accounts, including a summary of significant accounting policies.

## Respective responsibilities of trustees and reviewer

The trustees are responsible for the preparation of the accounts and for being satisfied that they give a true and fair view. The trustees are also responsible for ensuring that the requirements of the Association's constitution with regard to accounts and independent examination of those accounts are complied with. Responsibility is to perform an independent review of the accounts and express a conclusion thereon. We conducted our review in accordance with International Standard on Review Engagements (ISRE) 2400 (Revised) 'Engagements to Review Historical Financial Statements'. This standard requires us to conclude whether anything has come to our attention that causes us to believe the accounts, taken as whole, are not prepared in all material respects in accordance with the applicable reporting framework. This standard also requires us to comply with relevant ethical requirements.

The report is made solely to the Association's trustees as a body. Our view work has been undertaken so that we might state to the Association's trustees those matters we are required to state to them in the review report and for no other purpose.

To the fullest extent permitted by law, we do not accept or assume responsibility to anyone other than the Association's trustees as a body, for our review work, for this report, or for the conclusions we have formed.

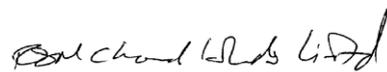
## Scope of the review of the accounts

A review of accounts in accordance with ISRE 2400 (Revised) is a limited assurance engagement. The practitioner performs procedures, primarily consisting of making inquiries of trustees and others within the Association, as appropriate, and applying analytical procedures, and evaluates the evidence obtained.

The procedures performed in a review are substantially less than those performed in an audit conducted in accordance with International Standards on Auditing. Accordingly, we do not express an audit opinion on these accounts.

## Conclusion

Based on our review, nothing has come to our attention that causes us to believe that the accompanying accounts are not prepared in all material respects in accordance with the Association's stated accounting policies.



**RSM Channel Islands Limited**  
Chartered Accountants  
Jersey, C.I.

# Trustees' Responsibilities

With regard to the Accounts year end 30 April 2019



The Trustees have elected to prepare accounts for the financial year that show a true and fair view of the state of affairs of Autism Jersey (the "Association") and of the income and expenditure of the Association in accordance with FRS 102 Section 1A.

In preparing the accounts the Trustees are required to:

- Select suitable accounting policies and then apply them consistently;
- State whether applicable accounting standards have been followed, subject to any material departures disclosed and explained in the accounts;
- Make judgements and estimates that are reasonable and prudent; and
- Prepare the accounts on the going concern basis unless it is inappropriate to presume that the Association will continue in operation for the foreseeable future.

The Trustees are responsible for keeping proper accounting records which disclose with reasonable accuracy at any time, the financial position of the Association and enable the Trustees to ensure that the accounts comply with applicable accounting standards and the Association's constitution. The Trustees are responsible for safeguarding the assets of the Association and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

The Trustees confirm that the accounts comply with these requirements.



# Statement of Financial Activities

## For the year ended 30 April 2019

	Unrestricted General	Restricted Ringfenced	Total funds 2019	Unrestricted General	Restricted Ringfenced	Total funds 2018
	£	£	£	£	£	£
<b>Income and endowments</b>						
Donations	104,429	806	105,235	155,000	5,710	160,710
Activities for generating funds	34,690	64,533	99,223	24,501	40,611	65,112
Finance income	26	2,229	2,255	650	-	650
Income from services provided	1,246,740	-	1,246,740	1,355,067	-	1,355,067
Other income	59,235	-	59,235	50,821	-	50,821
<b>Total incoming and endowments</b>	<b>1,445,120</b>	<b>67,568</b>	<b>1,512,688</b>	<b>1,586,039</b>	<b>46,321</b>	<b>1,632,360</b>
<b>Expenditure</b>						
Raising funds	12,083	12,196	24,279	2,559	7,199	9,758
Charitable activities	1,487,801	-	1,487,801	1,510,027	-	1,510,027
<b>Total expenditure</b>	<b>1,499,884</b>	<b>12,196</b>	<b>1,512,081</b>	<b>1,512,586</b>	<b>7,199</b>	<b>1,519,785</b>
Net movement in funds	(54,764)	55,372	608	73,453	39,122	112,575
Funds brought forward at 1 May	291,176	350,000	641,176	218,601	310,000	528,601
Transfer between funds	-	-	-	(878)	878	-
<b>Funds carried forward at 30 April</b>	<b>236,412</b>	<b>405,372</b>	<b>641,784</b>	<b>291,176</b>	<b>350,000</b>	<b>641,176</b>

Notes and full accounts can be viewed online at [www.autismjersey.org](http://www.autismjersey.org)

# Statement of Financial Position

## As at 30 April 2019



	2019 £	2018 £
<b>Fixed Assets</b>		
Tangible fixed assets	13,820	15,033
	<b>13,820</b>	<b>15,033</b>
<b>Current Assets</b>		
Debtors	98,288	111,257
Cash at bank and in hand	697,307	711,034
	795,595	822,291
<b>Creditors:</b> amounts falling due within one year	167,631	196,148
<b>Net current Assets</b>	<b>627,964</b>	<b>626,143</b>
<b>Net Assets</b>	<b>641,784</b>	<b>641,176</b>
<b>Restricted Funds</b>		
Ringfenced Fund	405,372	350,000
	<b>405,372</b>	<b>350,000</b>
<b>Unrestricted Funds</b>		
General Fund	236,412	291,176
<b>Net Assets</b>	<b>641,784</b>	<b>641,176</b>

Approved by the board of Trustees of Autism Jersey and signed on its behalf by:

**Brendan Dowling**  
Treasurer

**Nicholas Winsor**  
Chairman

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**Autism Jersey is the leading charity in Jersey dedicated to the assistance and support of people on the autism spectrum. Our mission is to enable people with autism to achieve their potential by advocating for an inclusive community and providing personalised services to individuals, families and carers.**

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The logo for Autism Jersey features a white silhouette of the island of Jersey with a jagged, torn-paper edge. The words "Autism Jersey" are written in a bold, black, serif font, centered within the white area of the island.

**Autism  
Jersey**

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**GET IN TOUCH**

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Call us: 01534 871888 Email us: [ajadmin@autismjersey.org](mailto:ajadmin@autismjersey.org)

Write to us: Autism Jersey, 2 Century Buildings, Patriotic Place, St Helier, Jersey, JE2 3AF

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**[autismjersey.org](http://autismjersey.org)**

