

# **ANNUAL REPORT 2020**

ACCOUNTS YEAR ENDED 30 APRIL 2020

# OUR MISSION STATEMENT \_

ENABLING PEOPLE ON THE AUTISM SPECTRUM TO ACHIEVE THEIR POTENTIAL BY ADVOCATING FOR AN INCLUSIVE COMMUNITY AND PROVIDING PERSONALISED SERVICES TO INDIVIDUALS, FAMILIES AND CARERS

# Contents

Details of Officers	3
Message from Nick Winsor, Chairman	4-5
Message from Chris Dunne, Chief Executive Officer	6-7
Message from Lionel Gomes, Head of Operational Services	8
Message from Niki Cross, Head of Children's Support Services	9
Message from Danielle Wharton, Head of Adult Support Services	10
Message from Cheryl Ferey, Head of Training & Development	11-12
Message from Cheryl Hanlin, Family Support Coordinator	13
Message from Kerry O'Donovan, Support Services Coordinator and Counselling Service Coordinator	14-15
Message from Kate Kelly, Fundraising & Marketing Manager	16-17
Message from Karen Gallichan & Catherine Tubb, Boutique Managers	18-19
Message from Brendan Dowling, Treasurer	20
Independent Reviewer's Report	21
Trustees' Responsibilities	22
Statement of Financial Activities	24
Statement of Financial Position	25

### **Details of Officers**



### PATRON

Air Chief Marshal Sir Stephen Dalton GCB LLD (Hon) DSc (Hon) BSc FRAeS CCMI From March 2017

### CHAIRMAN VICE-CHAIRMAN

19 July 2011

Nicholas Winsor MBE Appointed

Dr Helen Miles Appointed 24 February 2010 SECRETARYTREASURERJacquelyn MarshBrendan DowlingAppointedAppointed9 February 201612 December 2012

# 12 December 2012

### TRUSTEES

Elizabeth Le Guillou

Appointed 14 February 2017

**Richard Woolsey** 

Appointed 15 May 2018

Cormac Timothy Appointed 20 July 2010

Caroline Costello

Appointed 6 October 2014

Daragh McDermott

Appointed 3 May 2012

Cora Binchy Appointed 14 February 2017 Tiegan Little Appointed 21 November 2018

Myles Hartley Appointed September 2018

AUTISM JERSEY Century Buildings

Patriotic Place

St Helier

JE2 3AF

### BANKERS

Lloyds Bank Offshore Ltd 9 Broad Street St Helier JE4 8NG INDEPENDENT REVIEWERS

RSM Channel Islands Ltd PO Box 179 40 Esplanade St Helier JE4 9RJ

2

3

# Message from Nick Winsor

Chairman



The last 12 months have been a challenging time for Autism Jersey and many of the people that we work with. First, we had to deal with a squeeze on our finances, then the impact of Covid19. Nevertheless, I am delighted to report that Autism Jersey has continued to provide much needed support to individuals on the autism spectrum and their families, while making further progress towards our longterm goals. Last year, I set out how Autism Jersey was facing the combined impact of reduced revenues and an increase in costs. Through some excellent work, Chris Dunne and the management team have turned the situation around. The accounts do show a small deficit, as you will see from Brendan Dowling's Treasurer's Report. However, the last few months were strongly positive, and we have carried this momentum into 2020/21.

Part of the cost increase that I refer to, was to improve staff benefits and salaries. I am sure you will agree with me that people are Autism Jersey's greatest asset. So, it is important that they are properly rewarded for the work that they do and encouraged to fulfil their potential through career progression and training. The families that we support also benefit from the continuity, professionalism and stability that this brings.

During the year, Jonathan Channing decided to step down as Chair of the Advisory Council. We are sorry to see Jonathan go and I would like to thank him for his contribution to Autism Jersey, both as a board apprentice and the founding member of the Council. Jackie Marsh has kindly volunteered to lead the Advisory Council through the next phase of its development and would be interested to hear from anyone who would like to contribute.

The Autism Jersey Boutique has moved to a larger store, in a more prominent location. The extra space has enabled Catherine, Karen and their wonderful team of volunteers to grow sales and to provide a drop-in point or "shop window" for Autism Jersey. This is an exciting development that we hope to take full advantage of in the years ahead.

Several months ago, we signed a contract with Andium Homes to develop the Centre for Autism at Sans Souci, a lovely, but rather dilapidated old building in St Helier. This important project is still subject to planning permission. However, the initial reaction has been positive, and we are excited by the opportunity to create something special that will benefit the whole community, not just Autism Jersey and the individuals that we support.

Last but not least, the partnership with the States of Jersey is as strong as ever and is a key enabler for our work. It is impossible to fully acknowledge the valuable contribution of so many people, but I do hope that this annual report will give you a flavour. On behalf of the Board of Trustees, I would like to thank Chris and our teams of staff across Autism Jersey, our donors, supporters, trustees and volunteers for making Autism Jersey so successful.



# Message from Chris Dunne

# **Chief Executive Officer**





As you have heard already, this has been a strange and challenging year due to the impact of the Corona Virus pandemic. However, I must acknowledge and applaud the remarkable response from all our staff across the organisation. The dedication and professionalism shown throughout the whole lockdown and subsequent re-opening period has been outstanding.

I am pleased to report that the organisational structure changes I introduced last year have worked exceptionally well. Autism Jersey continues to function as a professional organisation, delivering excellent services and support across both its charitable and operational services.

Despite the impact of covid 19, this last year was always going to be a difficult and challenging one due to a difficult financial forecast in 2019, with a prospective significant overspend. I am pleased to report that we have been able to turn this around, and we are, again, now operating on a more secure financial base. I want to acknowledge and thank Dania Healy, our Finance Manager, and Lionel Gomes, our Head of Operational Services, who worked with me on redrafting our contracts for adult supported living, with an excellent outcome due to the great partnership working we have with our colleagues in Health & Community Adult Services. This was an excellent piece of work.

We have also completed significant work regarding our Human Resources, including updating our staff handbook, staff contracts, and being able to introduce staff pay increase. I would like to thank Julie Barras, our HR & Administration Manager, for her hard work and dedication in completing this.

As a part of our reorganisation last year we introduced a 'Front Door' into Autism Jersey. Kerry O'Donovan was appointed into the role to help develop and shape how this would work. Kerry has done a fantastic job in establishing a 'single point of contact' where people who need help, advice or support receive a timely and professional response. An important part of developing this role is how Kerry coordinates an appropriate response, ensuring people have access to and are aware of the services that are available, either through Autism Jersey or through a partner agency, and making sure that people have the right support in place.

You will know that we have relocated our Boutique to the Parade in St Helier. This was no mean feat, and all credit must go to Karen Gallichan and Catherine Tubb, and our intrepid team of volunteers, who have established an amazing outcome. Karen and Catherine were very persuasive that this would be a risk worth taking, and it has proven to be just that.

As a charity we provide direct services to individuals and families as a paid 'Provider of Services' through our contracts with the Jersey Government which include Adult Supported Living Services, Children & Adult Short Break Services, and Transition Services for people moving from Children's to Adult Services.

The provision of our Adult Services was maintained throughout the lockdown period, due to us providing essential support to people living in their own homes in the community.

Our Children's Services were greatly impacted, however, staff worked hard to maintain contact with both children directly, and with families, using a variety of creative and technical means.

I must thank the members of our Operational Management Team, Lionel Gomes, Niki Cross, Danielle Wharton, Cheryl Ferey, Ben de Veulle Filleul and Sean Burke, for their commitment, dedication and hard work that brought us through this difficult time.

I also want to thank all our staff who were out there supporting individuals, coping with the use of PPE, working within the guidelines for social distancing, but ensuring that the people we support kept safe and well throughout.

Autism Jersey also provides a range of services that are free at the point of delivery, which include Counselling Services, Family days, Coffee Mornings, Sibling Support Group and Adult Social Group. Most of these services had to stop due to the lockdown period, except for the provision of our Counselling Services. However, again, with the use of creative and technical means, many families had contact throughout the period. I do want to say thank you to Cheryl Hanlin, our Family Support Coordinator, for this, and to thank Kerry O'Donovan for using great initiative in enabling people to continue to access Counselling Support remotely.

I am pleased to say that all services are now back up and running, and it is a credit to all our staff that this is the case.

One of the main areas of concern we still have as an outcome of the corona virus pandemic, is the impact on our income regarding charitable donations and grants etc. However, I must say thank you to Kate Kelly, our Manager of Fundraising & Marketing, who has worked tirelessly to minimise the impact of this for us, and to acknowledge the kindness and generosity of people and Organisations in Jersey who continue to support us.

Finally, I want to say thank you Nick Winsor, our Chair, and all the members of the Board of Trustees. Thank you for your continued support and trust, and allowing us the freedom to develop and deliver the excellent range of quality services we provide to better support to people with autism and their families.

# Message from Lionel Gomes

# Head of Operational Services

# Message from Niki Cross



## Head of Children's Support Services



What a year it has been! I could not begin this 2019/20 report without first thanking our team. Working under tremendous pressure, they showed just how committed they are to the people we support. While we were sad not to be able to maintain all services, everyone worked extremely hard to continue to deliver essential services during the height of Covid19 to get us through in these unprecedented times. We understand that the uncertainty around Covid19 is unsettling for everyone, and we will continue to monitor developments closely. We are in regular contact with the Government of Jersey's Covid-19 Community Task Force Team who support organisations with evidence-based advice and guidance that allow us to maintain services safely.

While Covid19 was by necessity a significant focus, it has not stopped other exciting developments within the organisation. A lot of hard work was also going on in the background to establish a new financial model for the services we deliver. The new model provides individuals with a bespoke longer-term financial commitment from the Government of Jersey that gives us the security to plan further into the future, making it easier for us to tailor our services to meet individual needs.

We are also happy to announce that Autism Jersey has completed the registration process with the Jersey Care Commission. The new law strengthens protections for people using care services by ensuring care providers deliver high-quality care and support to children, young people and adults. A welcome change that fits hand-in-hand with our aim to provide exemplar, individually tailored support to people who choose to use Autism Jersey's services.

Lastly, on behalf of the operational staff team, I would like to end with a massive "THANK YOU". We have received many kind words and gestures of appreciation for the work we do, especially over the last few months and knowing that what we do makes a difference really does inspire and motivate us.

# **3,205**.5

#### HOURS OF DIRECT SUPPORT



Many changes have now been implemented in line with the new process of short breaks allocations for children, and we are proud to have been a part of this process.

The successful transition of 4 children in to both targeted and universal provisions has been a privilege to be a part of – to see the growth and development of each child has been an amazing experience. This allowed for the freeing up of staff to welcome new children into our Support Service; to give much needed social participation and, in turn, respite for their families/carers. The change to how Short Breaks is now allocated, and the dedication and commitment to partnership working made all transitions a smooth, clear and focused approach for each child. We aim to continue to develop these relationships far into the future.

We owe our gratitude to our Patron, His Excellency Air Marshall Sir Stephen Dalton and Lady Dalton, for officially opening our new premises, Summer House within Jardins De Soleil. This base has been invaluable for the children we support and is an essential place to utilise when a child is having a difficult or WAS PROVIDED TO CHILDREN AND THEIR FAMILIES, DURING THE LAST 12 MONTHS. THIS INCLUDES 67 HOURS DURING THE FIRST 5 WEEKS OF THE ISLAND-WIDE LOCKDOWN DUE TO COVID 19.

challenging day, but still wants to engage in their support. For some it has become a place to be creative and productive in their own way. For example, building forts, creating sculpture with blocks, painting, drawing, and taking pride in achieving whatever they set their mind to. This environment is a known safe place to 'just be' and we hope to continue providing this quiet sanctuary in such a busy world.

Although our service was directly affected by Covid 19 restrictions, we were able to continue and reinstate support for some of the children during the lockdown albeit often in a different way. We can only praise the families, children and staff for their continued dedication, optimism, understanding, and flexibility during this strange time. It has further highlighted the resilience, and determination of the children and their families, in a situation that we had no way of knowing how to navigate to begin with. Support at a distance with a cup of tea, sessions over the internet and phone calls were all used to keep the all-important contact with both the children and their families/ carers. In line with this technology was crucial and provided more opportunities for contact than I think any of us would usually think to use.

Our Holiday Club was again a success in 2019, and the dedication of the staff within our specialist provision is unending.

# Message from Danielle Wharton

# Head of Adult Support Services

# Message from Cheryl Ferey

# Head of Training & Development





### Supported Living Services & Short Break Services

Within our Adult Service we have provided support for 18 adults in their own home and in the community over the last year. This includes providing support 24/7 for two adults, providing a supported living service for five adults and eleven adults are supported under the short break service. We provide respite for families or primary caregivers for three adults.

It has been a challenging year, but the adults service has adapted and changed in response to this. We are very proud of all our adults and our fantastic support workers.

This year we have supported adults to move home, get into paid and voluntary employment and to access social opportunities and make new friendships. Some of our adults have become more independent with managing finances and others are becoming more confident with social interactions. One adult carried out talks at Hautlieu to raise awareness for autism as part of their PSHE lessons.

In the Short Breaks Service one individual has improved his cooking skills which has encouraged him to cook more independently and he can now cook a basic omelet by himself. Another individual has begun to use the bus to go to and from work using his bus card. He is also looking for new job opportunities with Autism Jersey's support. One individual has been getting out walking more with his support staff, he also enjoys going out for food with staff. We continue to promote independence and inclusion within the adult's service.

### Adult Social Club

The Adult Social Club continues to run on Tuesday and Thursday evening with huge success. The club has attracted new members over the last year and members have enjoyed catching up at Elim Rock over a cup of tea. The club has also been able to access a wide range of activities in the community. Highlights of the year included meals out, walk and a drink along the front, swimming, ping pong, cinema visits and bowling. The members also went to Wildfire for their annual Christmas meal.



### Training and Development

At the time of writing in 2019 Autism Jersey had a total of 42 support staff. We now employ 56 support staff who are always required to have all seven mandatory training subjects in date , in accordance with the new Jersey Care Law. Mandatory training is extremely important because it enables support workers to achieve and demonstrate the competency standards set by our regulatory authorities, the Jersey Care Commission, and meet organisational obligations. This training is renewed every three years and ensures that staff have the skills and knowledge they need to carry out their roles safely and effectively.

#### **Professional Qualifications**

Autism Jersey is committed to investing in and empowering its staff to reach their full potential.

Service providers are required to have at least 50% of their staff trained to a professional level. Originally this involved studying for an NVQ award or diploma. The name was changed some years ago to QCF and has recently been changed again to RQF (Regulated Qualification Framework).

We now have 20 professionally qualified staff (36%), 8 ongoing learners (14%) and another 4 booked to commence their studies in January 2021. We also hope to be able to enroll more staff on their awards mid-2021.

RQF Level 2 Award in Health & Social Care: 12 staff qualified, 3 ongoing, 1 booked for January 2021.

RQF Level 3 Diploma in Health & Social Care: 7 staff qualified, 2 ongoing, 3 booked for January 2021.

RQF Level 5 Diploma in Leadership in Health & Social care: 1 staff qualified, 3 ongoing.

It is great news that our Head of Children's Services, Head of Adult Services and our Head of Operational Services have all been able to commence studying for their level 5 diploma.

Danielle Wharton, our Head of Adult Services has also recently completed her Master's Degree in autism. Well done Danielle, what a great achievement!

Continues onto next page

### Continued

# Message from Cheryl Ferey

# Head of Training & Development

### **Continued Professional Development**

In late 2019 our team leaders along with our two coordinators enjoyed a day's training at the Grand Hotel learning all about how to "Get the best from your team".

In February this year they all attended a bespoke Interview Skills training day which was held at our offices and team leaders and coordinators are now involved in interviewing potential new staff for their teams.

Danielle and Lionel, our in house Maybo trainers attended a two day Maybo conference in the UK in late 2019.

In October 2019 I completed a four day train the trainer course in safeguarding adults which was facilitated by the Safeguarding Partnership Board. Niki Cross, our Head of Children's Services also completed the safeguarding children train the trainer course in February this year. We are now able to deliver this mandatory training jointly as a full day safeguarding course rather than use an outside provider. This is for any new staff and staff who need to refresh their training.

Mind Jersey and St Johns Ambulance have instructors that have undertaken, and deliver, Mental Health First Aid England's ("MHFA England") courses. MHFA England training provides individuals with the tools to act as an initial support for others who may be in a mental health crisis or developing a mental health problem. The MHFA England course helps those who complete it to recognise the symptoms of mental health problems, provide early assistance and inform an individual about appropriate professional help.

I was lucky enough myself to attend a twoday MHFA training course in October 2019. We are now able to offer this course to all of our team leaders, coordinators and managers with the first two due to complete this in October this year.

Through supervision and appraisal, training needs can be identified by staff and managers. We currently have a staff team who are now all completing an in-depth online course in ADHD as a direct result of our Adult Short Break Service Coordinator identifying this need during supervision with one of his team members.

Finally, training has been affected since March 2020 due to the covid-19 restrictions. All face to face training both in-house and that which is facilitated by outside providers, was cancelled. This included Maybo Positive Approaches to Behaviour & Disengagement Techniques, SPELL/Autism Awareness and Makaton, First Aid and more. We have, however, been able to ensure that staff are kept up to date with all training by accessing and using online resources. This has proved invaluable.

We are currently aiming to organise our first Maybo Disengagement Techniques training since early March. This training is facilitated by Danielle and Lionel and involves physical contact, and will, therefore, be conducted in smaller groups than usual with the use of PPE. We hope to train our first group of mainly new staff in mid-October.

Makaton is a signs and symbols language programme and will now also be resuming for the first time since the C19 restrictions were introduced. We are currently working with Fiona Cockram, the regional Makaton trainer, to organise a group of seven staff to be able to receive the training in order to help and improve communication with the people they support.

# Message from Cheryl Hanlin

# Family Support Coordinator



### Family Days

We have had 3 family days since May 2019, they range from swimming at the Merton Hotel Aquadome to Ten Pin Bowling, Cineworld and most recently to the aMaizin! Adventure Park. We usually have from 30 to 65 attendees depending on the weather and the venue. In these recent times and the 'new norm' it's so important to continue these fantastic days and see everyone have fun and smile!

### Siblings Days

So far, since May 2019 we have had 10 sibling days and we plan another 3 more sessions in 2020 including tennis and hopefully crazy golf. These are super important days for our siblings as they need that respite time and of course fun and familiar faces!

### **Coffee Mornings**

This is the second year of this service we offer, coffee mornings are on the first Friday of every month. Our regular coffee shop closed recently so we have changed our morning to a 'Walking, talking coffee morning' which has been fun walking with parents round the marinas and having coffee alfresco. As well as a healthy option it has encouraged parents to interact and converse with others more than before.

### Self-Care Sessions

Our self-care sessions continued, we have had 10 sessions from May 2019 to February 2020. However, due to the corona virus the rest of the sessions have been postponed. I have passed on holistic therapist Juanita Shield Laignel MFHT contact details and our members can contact Juanita directly, which I think is a great contact to have.

### **Healing Waves**

Ocean Therapy is a charity that offers therapy through surf, paddle and Flowrider sessions. We have referred over 36 children and siblings form Autism Jersey and are so excited to be able to continue working with the Directors and volunteers in 2020.

### **Befriending/Mentoring**

This is a service that we were providing and are in the process of revamping. We are due to begin advertising with volunteering.je and working with the National Autistic Society and Autism Scotland to gain new ideas and a fresh approach.



# Message from Kerry O'Donovan



# Support Services Coordinator and Counselling Service Coordinator



One of the developments in May 2019 was to create a 'single front door' into Autism Jersey, to ensure that individuals who contact us receive an immediate, efficient, consistent, and professional response.

I have been leading on the development and delivery of this single point of contact and referral as the initial response for all contact with Autism Jersey, including individuals living with autism, their parents/ carers, family members, other professionals and organisations and members of the public.

This role has now been developed and established permanently within the organisation as 'Support Services Coordinator'. During the period 1st May 2019 to 30th April 2020, there has been a total of 224 new individuals and/or families who have contacted Autism Jersey. These individuals have received early intervention, information, advice and support; as well as signposting and referral to services within Autism Jersey, and the Government of Jersey services where appropriate.

The number of contacts on average to Autism Jersey where people require a personalised response is 4 per day.

### **Counselling Service**

We offer a free individual Counselling service for parents and carers of individuals on the autism spectrum or awaiting diagnostic assessment. The service has now been extended to include other adult family members, including siblings, grandparents and partners.

We have introduced 5 new counsellors to Autism Jersey in the last year. We currently have 7 trainee Counsellors on placement, and 1 Counsellor has successfully completed their qualification through Autism Jersey.

During the period 1st May 2019 to 30th April 2020, there has been:

- a total of 44 referrals
- 36 individuals have accessed counselling support
- collectively attending 199 counselling sessions

This compares with 23 individuals who attended 171 counselling sessions during the same period in the previous year.

Due to the COVID-19 pandemic, all face to face counselling sessions were cancelled from March, however we continued to provide our counselling service via phone or online for those who wished to continue to receive support throughout this period. We also continued to accept new referrals during this time.

Comments from individuals who have used the service include:

"Thank you once again to Autism Jersey for a fantastic opportunity that has really made a positive difference to people's lives."

"Thank you so much, this is a fantastic support/lifeline and I am very grateful. I very much appreciate all the help that Autism Jersey has given me – what a fantastic service!" "I have thoroughly appreciated the sessions and will always going forward hold Autism Jersey close to my heart, as they were always there when I needed support. Thank you."

"Excellent service, many thanks for all your help."

"The counselling sessions have really made a massive difference."

# Message from Kate Kelly

# Fundraising & Marketing Manager



Although we might not have gone quackers at Le Perquage this year and we weren't able to walk to L'Etacq and Back we stayed social safely by sharing fun and simple ways for people to support the important work of Autism Jersey.

On World Autism Day we launched our 'Superheroes for Autism' campaign which recognised that like superheroes, autistic people have important strengths and talents that set them apart from other people. They are known for their bravery, determination and focus. Local children took part in our super easy, super fun 5-minute craft campaign to recognise and celebrate autism awareness day and show off their own superpowers on social media.

Grownups working from home spread autism awareness and raised money for their local autism charity this April by taking part in our social media campaign #Difficult2Communicate? We recognised that whilst adapting to our new environments we struggled to stay connected felt lost with a lack of routine and confused by constant change. Autism Jersey supports individuals who experience these challenges every day. To raise awareness and understanding of these difficulties with communication and social interaction that autistic people have we took a #Difficult2Communicate? desk selfie and donated to support the important work of Autism Jersey.

Whilst working from home brought about its challenges working flexibly and remotely allowed us to put measures in place to maintain the provision of essential services during the lockdown period. This would not have been possible without a generous and timely grant from the Association of Jersey Charities towards the update of our IT infrastructure. Safe and efficient IT systems and appropriate hardware and software enabled staff to work flexibly and remotely and to continue to deliver our services and support our families.

In November we shared coffee and croissants with our corporate community who came along to the Town Hall to hear our informative and inspiring presentation and to meet the people who support our families and run our charitable services. We were delighted to welcome over 30 companies at the launch of our corporate partnerships scheme. Do you work for a company that could partner with Autism Jersey and join us in on our mission to enable people on the autism spectrum to achieve their potential? Please get in touch!

With the generous support of Ocorian our very own Indiana Jones' made it to Machu Picchu in October. We couldn't be prouder of our team of amazing adventurers who took on the trek of a lifetime and hiked their hearts out for good to raise over £60,000 to make a difference to the lives of autistic people and their families.

In September we struggled to find the words to express our gratitude and awe for our Boutique Manager, Karen Gallichan as she continued her journey of dogged determination by completing her Santander International Channel Swim, Chairman Nick Winsor said "Everyone at Autism Jersey is very proud of Karen's achievements, both in and out of the water. She is an inspiration to us all." Supporters dug deep with Karen to raise over £13,000 to fund opportunities that will improve the quality of life or enhance employment opportunities for autistic adults.

In August our annual charity golf day once again broke its own record with 25 corporate teams putting in the effort and teeing off to raise £30,000. What a sunny and successful day! Please join us in thanking La Moye Golf Club and JT for their kind and continued support of this sell out event.

From bake sales to bucket shaking, sky dives and standing orders, hair cuts to coin collections, motorbike madness to marathon running, cooking for colleagues and crafts for cash, dressing down to giving it up and car washes to guiz nights, together our supporters are making a difference to the lives of autistic people in Jersey. We rely on fundraising events and activities to support our families and run our charitable services so thank you for being #AwesomeForAutism!

Accuro Trust (Jersey)	Intertrust Fiduciary Services
Ana Santos	Isaac Bryant
Andium Homes Donation	Janvrin school
Anthony Taylor	Jersey College for Girls
Appleby (Jersey) LLP	Jersey Evening Post
Association of Jersey Charities	Jersey Film Festival
C Jones	Jersey Finance
C Le Vannais	Jersey Round Table
C Price	Jonathan Overland
Channel Islands Co-operative	L Miller
Chartered Institute of Public	L Ridge
Relations	Laura Whelan
CT Plus Jersey Ltd	Lawrence Wood
De La Sale School	Lifestyle Choice
DH Evans	Linda Traynor
Diana Norman	Lister House Surgery
Digital Jersey	M Hopton
Enhance Group	M Strickland
G Talbot	Marceli Stala
Grand Conclave of Cl	Moore Stephens
Helix trust	Mr & Mrs Milner
Highlands College Level 2	Mr & Mrs Rigby
Business and Life Skills Students	Mr A W Jones
Highlands College Pathways	Mr U P V Guida
Hospitality students	Mrs JS Fitzgerald
Hope Lockett	Mrs Le Moel
Infrasoft Tech	Mrs M Mourant C

Pagan Crafts & Tales Pagan Crafts & Tales Parish of St Ouen Peter Durham White Peter Hall Potting Shed R Vasey RBC RBS International RM Beown Rouge Bouillon School S Montalvao Saltgate Giving Shirley Lester SP & Mrs D Michel St Bernadette's Church Bingo Club St Georges Prep School St John's Primary School St Lawrence Parish Sue Le Lievre Susan Dos Santos Team Full Spectrum Racing The Jersey Royal Company The Stella Foundation The Two Simons Toris Treasures Victoria College Preparatory	Natasha Chell
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	Victoria College Preparatory

# Message from Karen Gallichan & Catherine Tubb



### **Boutique Managers**



Our move to 13 The Parade has been everything we wanted it to be and much more!

The Boutique is now a very different operation compared to that of the old shop. We took a lot of time planning the shop re-fit and how the retail, preparation and stock areas would work. Simply having the space to sort donations, store out of season stock and prepare items ready for sale, has meant that we can respond quickly to changing weather conditions or specific requests. If you spend any time in the Boutique, you will likely hear the words "well-oiled machine"! We continue to be known as the charity shop with quality stock. This is all down to the support of those who donate to us and the wonderful quality donations we receive. Whether it is a Primark purchase or a designer piece from Armani, we strive to ensure all stock is in good condition, clean and well presented.

Our window displays still receive many compliments and whilst they tend to be much simpler than in Bath Street, they are eye catching and can be seen well by passing traffic in the Parade. The Boutique location has fantastic footfall and exposure and we believe will have increased the visibility and awareness of Autism Jersey.

Lockdown and Covid-19 threw us all a curve ball in March. Our last week operating was the week ending 14th March 2020. We re-opened during the first week of June and were closed for 11 weeks. We could have opened slightly earlier, but we used the first few weeks we were allowed back to really refine our processes and re-organise our stock room. The safety of our volunteers and their families was and is our paramount concern during these strange times. Our strategy has always been cautious and to watch carefully what is happening in the community.

We continue to operate on a reduced hours basis but are slowly expanding into some late afternoons now. We have kept our Boutique team small, but the majority of volunteers are now happily back with us. We have strict procedures in place to keep us all safe as best we can.

Despite the reduced opening hours, our takings have been excellent since reopening and we are now offering a positive financial contribution. We believe we are firmly on the charity shoppers map now!

A large function and contribution of the Boutique which cannot have a financial value placed upon it, is the support we offer to parents and people on the Spectrum. We have sat, drank tea, listened, chatted and shared our experiences with a number of family members. Having a dedicated private space to be able to offer this has been useful, and we hope it is helpful to those people who have dropped in to see us. We have been able to refer people for formal assistance via our office and vice versa, and our Family Support Service is able to let people know that we are available during Boutique opening hours if they need to talk.

We have also continued to offer work experience to people on the Spectrum. This has been more structured and targeted than we were able to offer in Bath Street,



simply because we are more organised and structured ourselves as a business. Unfortunately, we have had to put this on hold due to Covid-19 because of the need to limit the number of people in the Boutique. We are hoping to resume work experience shortly, provided we can offer support safely.

We always need your donations, so please do consider us if you have any unwanted items. As we continue to expand our opening hours, we will also need more volunteers, so if you find yourself with some free time you would like to put to good use, please do get in contact with us.

### The Boutique phone number is **01534 871678** and we can be contacted via email: k.gallichan@autismjersey.org & c.tubb@autismjersey.org

All in all, despite the strange times we are in, our move to The Parade has been very successful for Team Boutique Chic.

Finally, we would like to thank the Management and Trustees of Autism Jersey for having trust in us and investing in the Boutique.

# Message from Brendan Dowling

Treasurer



The year to 30th of April 2020 was a year of transformation for Autism Jersey in many ways. It had its challenges from a financial perspective and these challenges were compounded by the impact that Covid has had on our ability to deliver services to our members and to fundraise for our charitable purposes. Working collaboratively with Health and Social Services we now have an agreed framework for the delivery of services which will ensure we can do this in a more financially sustainable manner.

Throughout the year we took the opportunity to complete an operational restructure with the appointment of key hires to enable us to put in place a strategy for our future direction. We now have a foundation that will enable us to grow in a sustainable manner whilst ensuring we can provide an exceptional service to our members. We are again exceptionally grateful for the kindness that has been shown by many individuals, companies, charitable trusts and trekkers to Autism Jersey throughout the year. In 2020 we benefitted from donations of £266,714 and fundraising of £89,314. These funds were essential to enable us to maintain our operations and charitable activities throughout the year and as further contributions towards the building of our centre for Autism.

This year Autism Jersey had a deficit of income over expenditure £5,665 compared with a surplus of £608 in 2019. There are a number of reasons which explain the differential including our investment in strengthening our senior management team, the Introduction of a pension plan for our staff and making improvements to our IT systems. All these investments were essential and will strengthen our capability for the future.

# Independent Reviewers' Report to The Trustees of Autism Jersey



We have reviewed the accounts of Autism Jersey, which comprise the Statement of Financial Position as at 30 April 2020, the Statement of Financial Activities for the year then ended, and notes 1 to 13 to the accounts, including a summary of significant accounting policies.

# Respective responsibilities of trustees and reviewer

The trustees are responsible for the preparation of the accounts and for being satisfied that they give a true and fair view. The trustees are also responsible for ensuring that the requirements of the Association's constitution with regard to accounts and independent examination of those accounts are complied with. Responsibility is to perform an independent review of the accounts and express a conclusion thereon. We conducted our review in accordance with International Standard on Review Engagements (ISRE) 2400 (Revised) 'Engagements to Review Historical Financial Statements'. This standard requires us to conclude whether anything has come to our attention that causes us to believe the accounts, taken as whole, are not prepared in all material respects in accordance with the applicable reporting framework. This standard also requires us to comply with relevant ethical requirements.

The report is made solely to the Association's trustees as a body. Our review work has been undertaken so that we might state to the Association's trustees those matters we are required to state to them in the review report and for no other purpose. To the

fullest extent permitted by law, we do not accept or assume responsibility to anyone other than the Association's trustees as a body, for our review work, for this report, or for the conclusions we have formed.

#### Scope of the review of the accounts

A review of accounts in accordance with ISRE 2400 (Revised) is a limited assurance engagement. The practitioner performs procedures, primarily consisting of making inquiries of trustees and others within the Association, as appropriate, and applying analytical procedures, and evaluates the evidence obtained.

The procedures performed in a review are substantially less than those performed in an audit conducted in accordance with International Standards on Auditing. Accordingly, we do not express an audit opinion on these accounts.

#### Conclusion

Based on our review, nothing has come to our attention that causes us to believe that the accompanying accounts are not prepared in all material respects in accordance with the Association's stated accounting policies.

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**RSM Channel Islands Limited** Chartered Accountants Jersey, C.I.

# **Trustees' Responsibilities**

### With regard to the Accounts year end 30 April 2020

The Trustees have elected to prepare accounts for the financial year that show a true and fair view of the state of affairs of Autism Jersey (the "Association") and of the income and expenditure of the Association in accordance with FRS 102 Section 1A.

In preparing the accounts the Trustees are required to:

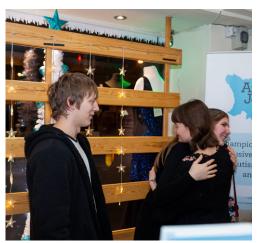
- Select suitable accounting policies and then apply them consistently;
- State whether applicable accounting standards have been followed, subject to any material departures disclosed and explained in the accounts;
- Make judgements and estimates that are reasonable and prudent; and
- Prepare the accounts on the going concern basis unless it is inappropriate to presume that the Association will continue in operation for the foreseeable future.

The Trustees are responsible for keeping proper accounting records which disclose with reasonable accuracy at any time, the financial position of the Association and enable the Trustees to ensure that the accounts comply with applicable accounting standards and the Association's constitution.

The Trustees are responsible for safeguarding the assets of the Association and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

The Trustees confirm that the accounts comply with these requirements.















# **Statement of Financial Activities**

For the year ended 30 April 2020

	Unrestricted General Fund £	Restricted Ringfenced Fund £	Total Funds 2020 £	Unrestricted General Fund £	Restricted Ringfenced Fund £	Total Funds 2019 £
Income and endowments						
Donations	211,714	55,000	266,714	104,429	806	105,235
Activities for generating funds	87,573	1,741	89,314	34,690	64,533	99,223
Finance income	21	2,100	2,121	26	2,229	2,255
Income from charitable activities / services provided	1,124,210	-	1,124,210	1,246,740	-	1,246,740
Other income	44,351	-	44,351	59,235	-	59,235
Total incoming and endowments	1,467,869	58,841	1,526,710	1,445,120	67,568	1,512,688
Expenditure						
Raising funds	40,326	-	40,326	12,083	12,196	24,279
Charitable activities	1,481,809	10,240	1,492,049	1,487,801	-	1,487,801
Total expenditure	1,522,135	10,240	1,532,375	1,499,884	12,196	1,512,080
Net movement in funds	(54,266)	48,601	(5,665)	(54,764)	55,372	608
Funds brought forward at 1 May	236,412	405,372	641,784	291,176	350,000	641,176
Funds carried forward at 30 April	182,146	453,973	636,119	236,412	405,372	641,784

Notes and full accounts can be viewed online at www.autismjersey.org

# **Statement of Financial Position**



	£	2020 F	£	2019 £
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Fixed Assets				
Tangible fixed assets	28,153		13,820	
		28,153		13,820
Current Assets				
Debtors	224,519		98,288	
Cash at bank and in hand	532,002		697,307	
	756,521		795,595	
Creditors: amounts falling due within one year	148,555		167,631	
Net current Assets		607,966		627,964
Net Assets		636,119		641,784
Restricted Funds				
Ringfenced Fund	453,973		405,372	
		453,973		405,372
Unrestricted Funds				
General Fund		182,146		236,412
Net Assets		636,119		641,784

Approved by the board of Trustees of Autism Jersey and signed on its behalf by:

**Brendan Dowling** Treasurer

Nicholas Winsor MBE Chairman

Autism Jersey is the leading charity in Jersey dedicated to the assistance and support of people on the autism spectrum. Our mission is to enable people with autism to achieve their potential by advocating for an inclusive community and providing personalised services to individuals, families and carers.



### GET IN TOUCH

Call us: 01534 871888 Email us: ajadmin@autismjersey.org Write to us: Autism Jersey, 2 Century Buildings, Patriotic Place, St Helier, Jersey, JE2 3AF



autismjersey.org