



Annual Report
2018

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Autism Jersey

2 Century Buildings,
Patriotic Place,
St Helier,
Jersey, JE2 3AF

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 ajadmin@autismjersey.org

 www.autismjersey.org

Details of Officers

PATRON

Air Chief Marshal Sir Stephen Dalton

GCB LLD (Hon) DSc (Hon) BSc FRAeS CCMi
From March 2017

CHAIRMAN

Nicholas Winsor
Appointed
19 July 2011

VICE-CHAIRMAN

Helen Miles
Appointed
24 February 2010

SECRETARY

Jacquelyn Marsh
Appointed
9 February 2016

TREASURER

Brendan Dowling
Appointed
12 December 2012

TRUSTEES

Cormac Timothy
Appointed 20 July 2010

Angus Taylor
Appointed 16 October 2013

Caroline Costello
Appointed 6 October 2014

Daragh McDermott
Appointed 3 May 2012

Cora Binchy
Appointed 14 February 2017

Elizabeth Le Guillou
Appointed 14 February 2017

Jonathan Channing
(Apprentice to the Board of Trustees)
Appointed October 2017

Richard Woolesey
Appointed 15 May 2018

Gemma Dawkins
Appointed 15 May 2018

AUTISM JERSEY

Century Buildings
Patriotic Place
St Helier
JE2 3AF

BANKERS

Lloyds Bank Offshore Ltd
9 Broad Street
St Helier
JE4 8NG

INDEPENDENT REVIEWERS

RSM Channel Islands Ltd
PO Box 179, 40 Esplanade
St Helier
JE4 9RJ

Chairman's Statement

I am delighted to report that Autism Jersey remains in good health and continues to be the leading charity dedicated to autism on the island. This year's report reflects another period of excellent progress against our strategic goals and our drive to make the high quality services that we provide sustainable over the long term is very much on track.

Our financial position is sound as you will see from Brendan Dowling's Treasurer's Report. Annual revenues reached £1.632m and we produced a surplus of £112k, despite a modest fall in charitable donations. The trustees have decided to apply £40k of the operating surplus towards the Centre for Autism.

During the year, we moved offices from Britannia Place to Century Buildings in Patriotic Place. The new premises look great and we are grateful to our generous landlord and all those who helped to make this a success. We expect that this will be our base for the next 3-5 years while we work on our plans for a more permanent home.

Following from last year's report, we have been unable to progress the Centre for Autism project that we were working on with the States of Jersey at the time. While this was a great disappointment to myself and everyone involved, the States of Jersey has generously committed £1.0m to this project. We have regrouped and are now working on some very promising proposals with Andium Homes

One of these initiatives, the new Short Break Services facility at Les Jardins du Soleil, will open later this year and we hope that this will be the first of many community-based initiatives. This is very much in line with our vision of providing care that is tailored to the needs of the individual and I would like to thank everyone at Andium for their support.



The real value of Autism Jersey lies not in bricks and mortar but in the important work that we do to support people on the autism spectrum. It is hard to do this justice in a brief report but I do hope that the pages that follow will give you a flavour of this. On behalf of the Board of Trustees, I would particularly like to thank the management team and everyone at Autism Jersey for the amazing work that they do.

Finally, the partnership with the States of Jersey is as strong as ever and we are grateful to everyone at the Department of Health for this. I would like to thank all of our donors, supporters, trustees and volunteers for helping to make Autism Jersey so successful.

Nick Winsor

Chief Operations Officer's Report

What a busy and exciting year 2017-18 was!

August saw us moving from our offices in Britannia Place to our new premises, Century Buildings in Patriotic Place. The new offices are light and airy and much more user friendly in terms of access for the people we support and as a work environment. For the first time we are able to provide access to people who have mobility problems as we have wheelchair access. The welcoming environment has significantly increased the number of visitors to Autism Jersey.



The new offices were officially opened on 15 January 2018 by our Patron, the Lieutenant-Governor of Jersey Air Chief Marshal Sir Stephen Dalton GCB. I would like to thank everyone who supported this very special event.

Autism Accreditation

A review team of three external autism practitioners spent an intense couple of days observing all aspects of what we do to support people who have an ASC. I am delighted to say that we were recredited thanks to the hard work of each and every member of the staff team and the people we

support. The report highlighted a number of areas of development for us to focus on but it also really brought home to us what Autism Jersey means, at least to one person who said: 'If it wasn't for Autism Jersey I would not be living... life-saving and life-changing.'

Supported Living Services and Assisted Living Services

We provided 30,628 hours of direct support along with 1,529 'sleep-in' duties over the course of the year. We continue, where appropriate, to work towards decreasing the hours of support we provide as people become more independent.

Short Breaks Service

We provided 4,694.25 hours of support to children, and 9,159.75 hours of support for adults.

Holiday Club

The holiday clubs held over the Easter and summer holidays were a great success. You can read more in Jaclyn Le Crom's report, but I just want to share a couple of quotes with you here:

'The holiday club supports my child because they understand his unique needs... he is able to explore and play in areas that are of interest to him and is able to thrive.'

'Autism Jersey provide an invaluable service to parents. The school holiday clubs are severely limited for children with a disability/learning difficulties and we are grateful to Autism Jersey for providing this service.'

Boutique

The Boutique continues to be the 'shop front' for Autism Jersey and yet again won the St Helier Window Display Award at Christmas.

Chief Operations Officer's Report

JAAS

We continue to work alongside our colleagues in the States of Jersey at the Jersey Adult Autism Service, providing a weekly drop-in session at the St James Centre in St Helier.

Comings and Goings

Unfortunately Carl Le Poidevin and Laura Kerr decided to move onto pastures new

and we wish them well in their new careers. Philip Le Claire returned to the fold in January and has already made a significant impact on the organisation.

I would like to take this opportunity to thank everyone who works for Autism Jersey or is associated with us for their fantastic support. I look forward to the next 12 months.

Paul Sullivan



Report from Philip Le Claire

The 17th January 2018 marked my return to Autism Jersey after an absence of some 7 ½ years and my how the charity has changed – it's all grown up!

I was approached in December 2017 and asked if I would consider coming back to Autism Jersey in the wake of the bad news surrounding the collapse of the Trinity scheme for the New Centre for Autism and things have been progressing apace. The first task that I undertook was to carry out a far reaching consultation with autistic people, families, carers and professionals and even the general public into what a Centre for Autism should be and the results of that consultation have helped us to frame what we now have planned.

Working with Andium, we will be developing a purpose built centre within one of the new Social Housing sites that will provide a community hub for all of our services and a base for the administration of the charity. It will also provide a Training and Development home for our members and staff and flexible facilities to meet a wide range of needs. Andium have also agreed to build a number of units of accommodation with higher soundproofing levels than standard which will provide "autism-friendly" accommodation for autistic adults and we are in the process of negotiating terms for the use of the Summer House in Jardin du Soleil to be a community base for the Short Breaks Service and this will open later this year.

In recent weeks there have been some significant changes in the leadership of Autism Jersey with Carl Le Poidevin and Laura Kerr leaving us for pastures new. As a result, the Board of Trustees of Autism Jersey has made two senior appointments, promoting Paul Sullivan to the role of Director of Services and me to be the new Director of Operations.



These appointments are designed to strengthen Autism Jersey's senior team as it enters its next phase of development as the leading charity in the Channel Islands, devoted to the support of people with Autism and their families and carers.

Nick Winsor, Chairman of the Board of Trustees, said of these promotions: "Autism Jersey must continuously adapt to meet the growing demand for the services that we provide and support the needs of our very specific client group. Paul and Philip bring many years of multi-disciplinary experience to Autism Jersey, which will be key as we expand our services to support even more of the people with autism in the Island. The development of our new Centre for Autism is giving us the perfect opportunity to increase our already far reaching services and ensure that we remain the preferred provider for autism support in Jersey".

It is wonderful to be back at Autism Jersey and great to be working with Paul and the rest of the Team. The next few months will be interesting to say the least and one can only say "watch this space!!"

Philip Le Claire

Family Support Manager's Report



In the year to April 2018, we have supported 106 families. We continue to support families pre-diagnosis and also families and individuals with related conditions of autism spectrum disorder. Our family support is very diverse and we support parents at meetings, help them navigate the system, assist them in getting the support they need, and help families understand autism. This support will continue to grow in 2018 as, alongside the diagnosis team and a range of professionals, we will be introducing training for families of children aged 5-18 post-diagnosis, as currently there is no training available other than SPELL.

Family Days

We had three family days in 2017 – swimming at the Merton Hotel, a boat trip with Jersey Bus & Boat Tours and activities at Tamba Park. As many as 40 families attend these fun days, giving them a chance to meet new friends. Thirty children were at the Merton swimming day in April. We

have had really positive feedback from all the families.

“It makes a huge difference to our family for our son to be able to access the holiday club, it is very likely if we weren't able to use this that one of us would have to give up our job to manage his care in the school holidays. My son really loves the holiday club and I leave him every day knowing that he will have a fantastic time and that is he is in good hands with staff that understand his specific needs”

Holiday Club

The number of children at the Autism Jersey holiday clubs has increased. 17 children attended the summer club in 2017, and 14 attended at Easter 2018. Again, feedback for the holiday club has been very positive.

Befriending

We have matched seven new befrienders to children and adults.

Sibling Group

Our new sibling group was established in January 2018 and this runs on a Sunday once a month. The eight or so children who regularly attend have enjoyed making their own pizzas at Pizza Express, bowling, and activities at Tamba Park and Tamba Arcade. There have been some great friendships between the children. Some of the funds raised at St Martin's Bonfire Night in November have gone towards re-establishing the sibling group and the lending library below.

Family Support Manager's Report

Sensory Lending Library

We now offer a lending library of sensory equipment that we developed through working with the Occupational Therapy department. Sometimes the equipment can be expensive and this allows parents

to borrow items to see if they benefit their child, before buying for themselves. We are grateful to CPA Global for fundraising specifically to pay for some of these items.

Jaclyn Le Crom

Counselling Service

A second counsellor will start seeing clients at Autism Jersey following an increase in the number of people seeking support since the beginning of 2018. And a waiting list has been introduced for the first time since the service was launched over four years ago.

Twelve clients saw Autism Jersey's counsellor in the year to the start of March 2018 and they attended 111 counselling sessions. This compares with eight clients attending 127 sessions during the same period in the previous year.

of returning for more sessions in the future and two clients, who accessed the service when it was first launched, found that beneficial.

Completed feedback forms suggest the counselling service is meeting clients' needs and verbal feedback reveals that clients feel heard and understood. For example: 'Ruth has given me a great deal of support over the last year. She has helped me see things from a different perspective and re-evaluate how I deal with my son and life in general. I really appreciate and look forward to our sessions and fell lighter afterwards.'

Ruth Le Cocq

"Ruth was very approachable and I felt truly listened to. I think these sessions are very beneficial for parents who may perhaps deal with a higher level of daily stress than usual but haven't been taught ways/means of being able to deal with it"

All clients were offered between six and eight sessions with the option of having more if necessary. Some clients felt so much better after four or five sessions that they no longer required support while others found it beneficial to talk on a weekly or fortnightly basis for up to 47 sessions. Autism Jersey offers clients the possibility

FAMILIES SUPPORTED

106  **FAMILIES SUPPORTED IN 1 YEAR**

40  **FAMILIES ATTENDING OUR FAMILY DAYS**

Fundraising Report



With the new Charities Law in Jersey, it is more important than ever that charities are transparent in how they spend their money. Autism Jersey has worked hard in the last year to explain where fundraisers' cash goes. This has culminated in a new leaflet which was available from the spring in 2018.

We have also done a lot of work reconnecting with our grassroots membership, updating our database and preparing for the introduction of GDPR [General Data Protection Regulation]. This has been a huge but worthwhile job.

We continue to rely on charitable trusts and foundations, our own organised events and members of the public donating and fundraising on our behalf. Islanders' generosity never fails to impress us.

Our single biggest fundraiser in the 12 months was Trek Morocco, kindly sponsored by Ocorian. Thirteen trekkers climbed to the summit of Mount Toubkhal in the High Atlas Mountains, raising £24,600.

The JT Golf Day at La Moye Golf Club proved to be another resounding success, even though lunch had to be served at Les

Creux because the clubhouse at La Moye was being refurbished. It raised an awesome £20,000.

One of the biggest external fundraisers was St Martin's Bonfire Night, organised by the Gorey Fete Committee. Luckily the weather held, thousands of people turned up and helped raise £11,000 for us.

We were also grateful to St Martin's Musical Society who chose us for 2017, and their shows and extra fundraising though the year raised £6,500. Thank you and well done to their director Roberta Rainbow.

To complete our eastern hat-trick, we were also the chosen charity of the Farmers Cricket Club, whose ground is in St Martin.



Fundraising Report

Over in St Saviour, we were grateful to the Parish of St Saviour for agreeing to fund yoga classes for children at The Haven in St Saviour's School.

In October we were flying high when Blue Islands chose us and Autism Guernsey as the first charities to benefit from an on-board charity collection, an initiative which saw our logo on their planes and which raised £1,000.

Our work in raising awareness of autism throughout the Island came on leaps and bounds when the Channel Islands Co-operative Society got on board with the idea of holding an Autism Hour. It was so successful that they decided to make it a weekly feature in their two Grand Marché stores.

We also worked with Jersey Heritage who have created visual stories to help visitors (holidaymakers and locals alike) around all of their castles and museums.

We were proud to take part in the Jersey Festival of Words in September 2017, when

author Jem Lester was on stage to talk about his book, Shtum.



In April 2018, we had another busy month, with events as well as awareness in schools and offices, which have cumulatively raised more than £20,000. These included the ever-popular Easter Saturday Duck Race, Different Shoes dress-down days, the second Human Table Football tournament and L'Etacq and Back sponsored walk.

Thank you!

Karen's Santander International Channel Swim in aid of Autism Jersey



Championing a full and inclusive life for people with autism, their families and carers.

 **Santander**
International

Fundraising Report



On our Flag Day in St Helier we asked people to experience what it can be like to have sensory overload, by putting on a Virtual Reality headset. We are really grateful to Tim McGuinness for helping us and we have no doubt we will be working with him in the future.

It's a big thank you to everyone who donates regularly, the trusts and foundations, the schools and parishes, the offices who adopt us for all or part of the year – we are enjoying working with Rossborough this year – and individual fundraisers who take on a challenge.

Talking of challenges, one of our own members of staff, Boutique manager Karen Gallichan, is going to swim the Channel in September 2018, and we were delighted that Santander International agreed to sponsor her challenge.

We are also working again with Charity Challenge on another challenge – Trek

Machu Picchu in October 2019. We are grateful to Ocorian for again sponsoring our trek.



Fundraising Report

We'd like to extend our thanks to...

Appleby; Association of Jersey Charities; Barclays; CPA Global; Camerons; Channel Islands Co-operative Society; Dominion; Farmers Cricket Club; Paul Gallagher (Havre des Party); Gorey Fete Committee; Intertrust; Leanda Guy and the Lady Taverners; Jersey Community Partnership; Jersey Harley Owners Group; Jersey Shooting Federation; Moore Stephens; Norman Ltd; Ocorian; Lloyds Bank Foundation; Provincial Grand Lodge of Jersey; Rathbones; Rossborough; St Martin's Musical Society; Richard Tanguy and CrossRiders Jersey; Romerils; Santander International; Virtual Reality Jersey (now Virtex Studios); Waitrose; Zombie Walk organisers Chantelle-Emma Hilton, Alex Hilton and Seb Leonard.

Caroline Moody
Fundraising & Marketing Manager



Boutique Report



We have two quotes that we love in the Boutique. The first, 'Be your own kind of beautiful', we have adopted as our shop tag-line. We think it epitomises what the Boutique is all about: a supportive, inclusive community which celebrates difference, uniqueness and, of course, beautiful clothes.

The second, 'Life isn't about waiting for the storm to pass; it's about learning to dance in the rain', has long been a quote on the wall of the Boutique. We believe this embodies the spirit of our volunteers who dedicate so many hours to us, despite having lots going on in their own lives. Many of our volunteers have family members with autism. A lot of informal support happens in the Boutique when life gets tricky but equally we understand the importance of celebrating the small and big successes that happen.

Our volunteers are simply the best! We never forget that we couldn't run the Boutique without them. We often describe ourselves as Boutique family. Our team of volunteers includes several people on the spectrum. It is central to our work in the Boutique to be able to offer meaningful work experience to those who are on the pathway to employment, as well as the social opportunities, friendships and purpose that come from being involved as a Boutique volunteer.

The Boutique was given a refreshed look at the beginning of the year. Moore

Stephens kindly sent a team of staff to help us create a cool calming grey interior which complements the new Autism Jersey signage we have inside the shop and along the Boutique window. We felt the more noticeable branding was necessary as shoppers often hadn't realised that we are a charity shop.

Once again, we celebrated a win in the St Helier Christmas window competition.

Our window display 'The most wonderful time of the year... or the most challenging?' won the Charity sector category. We were delighted to take our fourth win and importantly the window helped to raise some awareness of the challenges people with autism may face at Christmas.

We are overwhelmed daily by the generosity of the public, without whom we would have nothing to sell. We have continued to run FAB (Fill a Bag) days over the past year and we are very grateful to the organisations and businesses that we have worked with and who have also listened to us talk about the work of the Boutique.

If you are interested in joining the Boutique family, perhaps organising a FAB day or donating your unwanted items for recycling with us, then please do get in touch. We would love to hear from you!

Karen Gallichan and Catherine Tubb
Boutique Managers

Treasurer's Report

The most important number for Autism Jersey will always be the number of hours of support we are able to provide to our members and the families of our members.

Our focus continues to be to deliver as much support as we possibly can and to fund more of our charitable objectives through the support services we provide to families and individuals affected by Autism whilst ensuring that Autism Jersey remains financially stable.

Income and Expenditure

2018 in terms of financial performance was very similar to 2017 and saw Autism Jersey once again generate a surplus of income over expenditure of £112,575 (2017 £135,181). The board of trustees have approved a transfer of £40,000 from the general reserves to the specific fund for the building of the centre for autism, taking that fund to a total of £350,000.

We are very grateful to all those trusts, individuals and companies who have helped us by giving so generously throughout the year. Without the generosity of our donors and the determination of our fundraisers we would not be able to maintain the charity or provide the services we do to support families. In 2018 we raised or received donations or fundraising contributions of £160,710 (2017: £282,497) and these funds went to subsidise a lot of the services we provide direct to the community and indirectly via Health and Social Services.

Expenditure in the period was almost on a par with total expenses in 2017 at £1,519,785 (2017: £1,524,638) against income of £1,632,360 (2017: £1,659,819). A wages bill of £1,239,230 accounts for almost 82% of total expenditure.

Our financial strategy continues to be to achieve a surplus each year whilst ensuring

we can continue to grow and support our charitable objectives through the extension of our services.

Our cash flow remains strong with cash held at the end of the year of £711,034 (2017-£444,934). We can and have for a number of years now been able to demonstrate financial stability and we will continue to look for opportunities to reinvest in services and programmes which support our members.

Brendan Dowling

Independent Reviewer's Report

We have reviewed the accounts of Autism Jersey for the year ended 30 April 2018, which comprise the statement of financial activities, statement of financial position and related notes 1 to 12.

Respective Responsibilities of Trustees and Reviewer

The trustees are responsible for the preparation of the accounts and for being satisfied that they give a true and fair view. The trustees are also responsible for ensuring that the requirements of the Association's constitution with regard to accounts and independent examination of those accounts are complied with. Our responsibility is to perform an independent review of the accounts and express a conclusion thereon. We conducted our review in accordance with International Standard on Review Engagements (ISRE) 2400 (Revised) 'Engagements to Review Historical Financial Statements'. This standard requires us to conclude whether anything has come to our attention that causes us to believe the accounts, taken as a whole, are not prepared in all material respects in accordance with the applicable reporting framework. This standard also requires us to comply with relevant ethical requirements.

This report is made solely to the Association's trustees as a body. Our review work has been undertaken so that we might state to the Association's trustees those matters we are required to state to them in the review report and for no other purpose. To the fullest extent permitted by law, we do not accept or assume responsibility to anyone other than the Association and the Association's trustees as a body, for our review work, for this report, or for the conclusions we have formed.

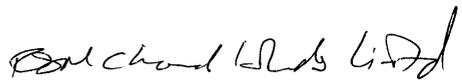
Scope of the Review of the Accounts

A review of accounts in accordance with ISRE 2400 (Revised) is a limited assurance engagement. The practitioner performs procedures, primarily consisting of making inquiries of trustees and others within the Association, as appropriate, and applying analytical procedures, and evaluates the evidence obtained.

The procedures performed in a review are substantially less than those performed in an audit conducted in accordance with International Standards on Auditing. Accordingly, we do not express an audit opinion on these accounts.

Conclusion

Based on our review, nothing has come to our attention that causes us to believe that the accompanying accounts are not prepared in all material respects in accordance with the Association's stated accounting policies.



**RSM Channel Islands Limited
Chartered Accountants
Jersey, C.I.**

Trustees' Responsibilities

With regard to the Accounts year end 30 April 2018

The Trustees have elected to prepare accounts for the financial year that show a true and fair view of the state of affairs of Autism Jersey (the "Association") and of the income and expenditure of the Association in accordance with FRS 102 Section 1A.

In preparing the accounts the Trustees are required to:

- Select suitable accounting policies and then apply them consistently;
- State whether applicable accounting standards have been followed, subject to any material departures disclosed and explained in the accounts;
- Make judgements and estimates that are reasonable and prudent; and
- Prepare the accounts on the going concern basis unless it is inappropriate to

presume that the Association will continue in operation for the foreseeable future.

The Trustees are responsible for keeping proper accounting records which disclose with reasonable accuracy at any time the financial position of the Association and enable the Trustees to ensure that the accounts comply with applicable accounting standards and the Association's constitution. The Trustees are responsible for safeguarding the assets of the Association and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

The Trustees confirm the accounts comply with these requirements.



Statement of Financial Activities

For the year ended 30 April 2018

	Unrestricted General	Restricted Ringfenced	Total funds 2018	Unrestricted General	Restricted Ringfenced	Total funds 2017
	£	£	£	£	£	£
Income and endowments						
Donations	155,000	5,710	160,710	219,747	62,750	282,497
Activities for generating funds	24,501	40,611	65,112	24,810	22,782	47,592
Finance Income	650	-	650	41	-	41
Income from services provided	1,355,067	-	1,355,067	1,276,702	-	1,276,702
Other income	50,821	-	50,821	52,987	-	52,987
Total incoming and endowments	1,586,039	46,321	1,632,360	1,574,287	85,532	1,659,819

Expenditure

Raising funds	2,559	7,199	9,758	5,065	10,919	15,984
Charitable activities	1,510,027	-	1,510,027	1,508,654	-	1,508,654
Total expenditure	1,512,586	7,199	1,519,785	1,513,719	10,919	1,524,638
Net movement in funds	73,453	39,122	112,575	60,568	74,613	135,181
Funds brought forward at 1 May	218,601	310,000	528,601	158,420	235,000	393,420
Transfer between funds	(878)	878	-	(387)	387	-
Funds carried forward at 30 April	291,176	350,000	641,176	218,601	310,000	528,601

Notes and full accounts can be viewed online at www.autismjersey.org

Statement of Financial Position

As at 30 April 2018

	£	2018 £	£	2017 £
Fixed Assets				
Tangible Fixed Assets	15,033		20,429	
		15,033		20,429
Current Assets				
Debtors	111,257		163,077	
Cash at bank and in hand	711,034		444,934	
	822,291		608,011	
Creditors:				
amounts falling due within one year	196,148		99,839	
Net Current Assets		626,143		508,172
Net Assets		641,176		528,601
Restricted Funds				
Ringfenced Fund	350,000		310,000	
		350,000		310,000
Unrestricted Funds				
General Fund		291,176		218,601
Net Assets		641,176		528,601

Approved by the board of Trustees of Autism Jersey and signed on its behalf by:



Brendan Dowling
Treasurer



Nicholas Winsor
Chairman

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Boutique**

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OF THIS PAGE

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Jersey**

Autism Jersey Boutique 
www.autismjersey.org

**WE NEED
YOU!**

- ✓ Donations of good quality clothes and accessories
- ✓ Volunteers
- ✓ Hosts of FAB Days



Autism Jersey Boutique
78 Bath Street, St Helier

 871678

OPENING HOURS

MONDAY

10am - 1pm

TUESDAY-FRIDAY

10am - 5:30pm

SATURDAY

10am - 1pm