

Who are we ?

We are a group of professionals from different areas within health and social care (multi-disciplinary) serving the adult population of Jersey.

What services do we offer?

Diagnostic Assessments:

In accordance with NICE (National Institute for Health and Clinical Excellence 2012) guidelines entitled Autism-recognition, referral, diagnosis and management of Adults on the Autism spectrum.

Post diagnostic support:

A six week course is offered to Adults who receive a diagnosis of Autism Spectrum Condition (ASC).

The focus of the course aims to assist them to:

- learn more about ASC
- how it affects them personally
- disclosure of their diagnosis
- meet other people who have a diagnosis and hear their experiences
- identify any advice or support they may need once the course has been completed

Advice and consultation:

We offer advice and support to fellow professionals, other providers of services, and individuals on the spectrum including their families and carers.

Training on Autism:

We offer a continuous programme of training. The programme includes:

- SPELL: an evidenced based training programme written by the National Autistic Society (NAS). This programme focuses on key aspects of structure, positive approaches, empathy, low arousal and important links for an individual and his/her family
- Autism awareness training can also be provided for any area of Health and Social Services

Information and registration for any training can be accessed by contacting the service directly.

Our drop in/advice service

This is a weekly service held on a Tuesday afternoon from 1:30pm to 4:30pm.

The location for this service is St James' Centre, Le Breton Lane, St Helier.

We are also supported by local charity Autism Jersey and staff assist with the facilitation of the afternoon.

Who is it for?

- anyone who has a diagnosis of ASC
- who thinks they may have autism
- the carers/supporters of people with ASC

What is it?

It is to help people with ASC access a range of services and opportunities.

- we offer one to one support to people with ASC
- we provide a safe place where people with ASC can meet and share their experiences
- we offer support to carers and supporters of individuals with ASC

- we also provide information, resources and invite guest speakers

What don't we do?

- we are not a crisis team, although we will signpost individuals to the appropriate services who are set up to support people in crises
- we do not co-ordinate or manage an individual's care
- we do not prescribe medication
- we do not conduct long term therapy

Currently we are running groups that consist of a post diagnostic support group, mindfulness, TED Talks and problem solving.

We have forged links with various organisations including

- further education
- Social Security
- the Housing Department (Andium Homes)
- the Jersey Employment Trust

Contacting us and enquiries:

We are based at

Eagle House,

Don Road.

St Helier

JE2 4QD.

Email: JAAS@health.gov.je

Tel: (01534) 445723

We take self referrals as well as referrals from professionals and carers



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States of Jersey
of Jersey

The States of Jersey Department for
Health & Social Services

Service Information

The Jersey Adult Autism Service

This leaflet is for adults in Jersey who think they may have autism, or for those who may already have a diagnosis.

It is also for their families and carers.

It explains the remit of the Jersey Adult Autism Service, (JAAS), how JAAS might offer help and support, and how to make contact with the Jersey Adult Autism Service.



The Jersey Adult Autism Service
Community and Social Services